



TEEN PARTIAL HOSPITALIZATION PROGRAM

MONDAY – FRIDAY (NO PROGRAM ON SATURDAY OR SUNDAY)

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
8:30 AM							
9:00 AM		SCHOOL WORK		SCHOOL WORK			
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM		ANGER MANAGEMENT		SETTING/ACHIEVING GOALS			
11:30 AM							
12:00 PM		COMMUNITY		COMMUNITY			
12:30 PM							
1:00 PM		CROSS ADDICTION		CHECK IN/PROCESS	SEEKING SAFETY-PET THERAPY		
1:30 PM							
2:00 PM		Cognitive Behavioral		CREATIVE WRITING/POETRY	Life Skills		
2:30 PM							
3:00 PM	COMMUNICATION		HEALING ART		COMMUNITY		
3:30 PM							
4:00 PM	MINDFULNESS					RECOVERY	
4:30 PM	MOVEMENT/YOGA						
5:00 PM	COMMUNITY		COMMUNITY				
5:30 PM							
6:00 PM	RELAPSE PREVENTION		EDUCATION				
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							